

Ross Union of Parishes

# Magazine

November  
2009

*'Act justly.  
Love mercy.  
Walk humbly with your God.'*  
*Micah 6:8*

Dear Friends,

Sport today demands a great deal of dedication if you want to get anywhere with it. The level of fitness required constantly goes up as the expectation for better and better results gets higher. It is great to have a good news sports story concerning one of our own parishioners. Katie Cooke took part in the Ironman Challenge in Calella north of Barcelona on 4th October. She swam 2.4 miles, cycled 112 miles and ran 26.2 miles in 10 hours 56 minutes! She came 18th out of 122 women and second in her age category so had a podium finish!

I don't know about you, but to me that all sounds mind-bogglingly tough. I know my predecessor managed the London marathon this year, but to add the swimming and cycling on top of a marathon seems to me to be taking things to (if not beyond) the limit! Anyway, many congratulations to Katie.

Taking part in such an event is not just a matter of turning up on the day but of months of gruelling, often lonely training. It is about sticking at it when it would be so much easier to give up. As such, it provides a very good metaphor for life in general. The Apostle Paul uses the athletic games of his day to illustrate the commitment involved in being a Christian. He writes of the discipline of training, the perseverance necessary to keep going and the prize at the end. However, in this case all who run are winners and the prize is not a fading garland or medal but eternal glory.

Sunday, November 1<sup>st</sup>. is All Saints Day when we remember all those who have run the race before us and won the prize. The hymns we sing bring out their faithfulness and challenge us to follow their example.

*'For all the saints, who from their labours rest.'*

All Saints is also a time to reflect on those saints who have been closest to us - family members and friends who have lived lives of humble obedience and service to God and who have inspired us. It is a poignant season as we feel the loss of their presence with us now while rejoicing in the hope of sharing with them and all God's saints in the joys of his eternal kingdom. There is something glorious, holy and healing in this observance which, quite frankly, contrasts starkly with the somewhat dark celebration of Halloween.

No, I will not be following Bishop Henderson's example and start training for a marathon let alone an Ironman challenge! But St. Paul would have us all 'run with perseverance the race that is set before us.'

The year seems to be rolling by very quickly and November will end with the beginning of Advent - the penitential season of preparation for Christmas. On November 29<sup>th</sup>. there will be a united service led by the Youth Group at 11.30 am in the Cathedral.

With best wishes,

*Chris Peters*

## WHAT IS SAFEGUARDING TRUST?

The church's child protection code has been in place for a decade. This means that the thousands of children using Church of Ireland premises for worship and other activities, such as Sunday Schools, youth organizations and clubs, are protected from all kinds of abuse, and that parishes are consciously promoting their general safety and welfare.

Our children's ministry is also only possible because of the commitment of adults who are prepared to work with children and who have been selected, appointed and trained to feel confident that their practices are good and that they are protected from unfounded allegations.

In **Ross Union of Parishes** we accept and recognize our responsibilities to develop awareness of the issues which cause children harm, and to establish and maintain a safe environment for them.

We will endeavour to safeguard **children** by

- Following carefully the procedures laid down for recruitment and selection of staff and volunteers
- Providing effective management for staff and volunteers through supervision, support and training
- Adopting child protection guidelines through a code of behaviour for staff and volunteers
- Sharing information about child protection and good practice with children, parents, staff and volunteers
- Ensuring adherence to safety procedures
- Reporting concerns to the appropriate authority

We will also safeguard our **workers** by

- The provision of effective training
- The provision of appropriate resources
- The safeguarding of those who work with children from the consequences of unfounded allegations

Each parish has to ensure that there is a Panel of at least three people, nominated by the Rector and appointed by the Vestry, trained to implement 'Safeguarding Trust'. As well as the above duties the Panel

has a duty to receive reports of concerns from a range of individuals, including children, parents, workers or parishioners, and these may relate to a disclosure, allegation or other concern regarding a child's welfare.

The members of our parish panel are:

1. Dean Christopher Peters
2. Richard Burke
3. Averil Cooke

## **IRISH HEART FOUNDATION WALK IN COSTA RICA.**

**Bob Cooke** is participating in this walk from November 17<sup>th</sup>. -29<sup>th</sup>.

The Foundation's overseas walks are an essential source of charity income, raising over €200,000 annually. **This year all money raised from the overseas walk will be used to fund the promotion and staffing of the vital National Patient Helpline 1890 432787.**

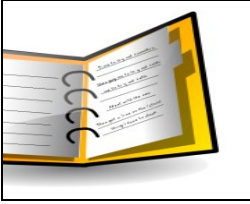
The National Patient Helpline received almost 2,000 calls in 2008 providing patients and their carers with information, support and peace of mind. This year the ability to continue to offer this vital service is dependent on the successful fundraising from this walk. In 2009 it is expected that calls to the Helpline will continue to grow and the Foundation hopes to extend the service.

Prior to departure, each participant must raise a minimum of €5,400. Bob would be delighted to hear from anyone who would like to support this effort by sponsoring him.

John Sweetnam will also be setting off soon with the Niall Mellon Township Trust and we wish him all the best. Perhaps John and Bob are going to be starting something in the parish with more people undertaking short-term projects.

In this copy of the magazine you will also find details of the proposed trip to Luweero in Uganda which aims to develop our links with The Healthy Vine Trust.





## DATES FOR THE DIARY.

**Tues. 3<sup>rd</sup>.** 7.30 pm. TABLE TENNIS  
Cathedral Hall.

**Wed. 4<sup>th</sup>.** 8.00 pm. SERVICE OF  
WHOLENESS & HEALING with Rev. Russ  
Parker. St. Peter's Bandon.

**Thurs. 5<sup>th</sup>.** 10.30 am. HOLY COMMUNION. Cathedral.  
11.00 am. BAZAAR PLANNING MEETING. Deanery.

**Fri. 6<sup>th</sup>.** 7.00 pm. BRIGADES. Clonakilty.

**Sat. 7<sup>th</sup>.** 8.00 pm. 'INSPIRE.' Cathedral.

**Tues. 10<sup>th</sup>.** 7.30 pm. TABLE TENNIS. Hall.

**Thurs. 12<sup>th</sup>.** 10.30 am. HOLY COMMUNION. Cathedral.  
8.00 pm. TEARCRAFT SALE Cathedral Hall.

**Fri. 13<sup>th</sup>.** 7.00 pm. BRIGADES. Clonakilty.  
9.30pm. SOCIAL/ DANCE. Kilgariffe Hall.

**Sat. 14<sup>th</sup>.** 8.00 pm. YOUTH GROUP- The Fringe. Clon Hall.

**Tues. 17<sup>th</sup>.** 7.30 pm. TABLE TENNIS. Hall.

**Thurs. 19<sup>th</sup>.** 10.30 am. HOLY COMMUNION. Cathedral.  
8.30 pm. MOTHERS' UNION. Cathedral Hall.

**Fri. 20<sup>th</sup>.** 7.00 pm. BRIGADES. Clonakilty.

**Sat. 21<sup>st</sup>.** YOUTH COUNCIL 5-a-side soccer tournament.

**Tues. 24<sup>th</sup>.** 7.30 pm. TABLE TENNIS. Cathedral Hall.

**Wed. 25<sup>th</sup>.** 8.30 pm. FELLOWSHIP GROUP. Deanery.

**Thurs. 26<sup>th</sup>.** 10.30 am. HOLY COMMUNION. Cathedral.  
8.30 pm. CHOIR PRACTICE for Installation Service.

**Fri. 27<sup>th</sup>.** 3.30 pm. ACTIVATE CLUB. Cathedral Hall.  
7.00 pm. BRIGADES. Clonakilty.

**Sat. 28<sup>th</sup>.** 8.00 pm. YOUTH GROUP. The Fringe – Overnight.

**Sun. 29<sup>th</sup>.** 7.00 pm. INSTALLATION SERVICE Canon Eithne Lynch.

# CORK FRIENDS OF LUWEERO

A Church of Ireland team which visited Luweero in Uganda in June 2008 hoped to raise €6000. However, they set off with €25,000! That was the incredible outcome as the people of Cork went “the extra mile” and got behind the team of farmers, housewives, and students. Every cent went or will go to the equipping and resourcing a clinic in this poor rural area.

This “extra mile” has shortened the walk as locals in Sekamuli in Luweero come in their droves to have children vaccinated and treated for medical conditions. Because the clinic is functioning so well, the government has provided more qualified personnel. With the extra money raised, there are hopes to add a maternity unit and help equip a laboratory at the local secondary school, which means students will be able to find places at University.

## **The Local Support Group**

Following the 2008 trip, *The Cork Friends of Luweero* decided that they must carry on the partnership with the *Healthy Vine Trust* who work with the Church of Uganda in the Diocese of Luweero. The aim for 2009, is to raise money to help part finance the following projects:

- \* 3,300 mosquito nets @ €6 per net
- \* Training for three more village Community Health Workers @ €3500 per village.
- \* Supply Gumboots and Bicycles to 75 Community workers @ €65 per person.
- \* Continue to develop primary healthcare systems for children in villages.

## **DO YOU WANT TO BE PART OF THE 2010 TEAM?**

We are planning to take a small group of adults out to Uganda in June/July next year and are very keen to encourage ordinary Church of Ireland folk (ages 18+) to be part of the team.

Our aim is to further the development of the Healthy Vine Trust program (see below) and build another structure at Sekamuli Secondary School.

If you have always wanted to do this type of trip please contact me for an informal chat:

**Mark Dunwoody, 2 The Island, Inchydoney, Clonakilty, Co Cork.  
0872720260 [www.healthy-vine.org](http://www.healthy-vine.org)**

## **BAZAAR.**

As usual we will be organising a Bazaar on the first Saturday of December. This is our one Charity event in the year and therefore it is an important occasion. We propose to send €2,000 to good causes and anything above that will go towards paying off the assessment. Money raised for good causes is divided between Mission and Development Agencies, local and national charities. We are very conscious of the financial pressures at this time of maintaining the life of the church locally but we are also called to respond to the needs of the world and church beyond ourselves.

There will be a **planning meeting** on **Thursday, November 5<sup>th</sup>**. at **11.00 am** in the Deanery after the Communion service in the Cathedral. New people with new ideas would be especially welcome!

***THE BAZAAR. SATURDAY, DECEMBER 5<sup>th</sup>.  
2.30 pm. Cathedral Hall.***

## **INSTALLATION SERVICE: THE REV'D CANON EITHNE LYNCH.**

As reported in last month's magazine, The Bishop has appointed Eithne Lynch to be a Canon on the Chapter of St. Fachtna's Cathedral. New canons need to be installed and this will take place at a special service on Advent **Sunday, November 29<sup>th</sup>**. at **7.00 pm**. This is a rare occurrence for us - the last being Canon Willoughby's installation in 2000.

We will be inviting parishioners from Kilmoe (Eithne's parish) and our neighbouring parishes in Ross diocese as well as members of the Mothers' Union as she is diocesan chaplain.

It would be nice to have good support for this service from our own union of parishes. We plan to have a choir and there will be a 'run-through' of the music on Thursday, November 26<sup>th</sup>. at 8.30 pm. There will be refreshments after the service in the Narthex and contributions and help would be appreciated.

## MOTHERS' UNION

We had an extremely informative and interesting evening on October 8<sup>th</sup> when Margaret Murphy, who works at the Skibbereen Heritage Centre, came to talk to us about the Non-Catholic families of West Cork going right back to the Huguenots. It was a two way talk as some of our members had information about families that she did not have. She is compiling family trees and is grateful for any information to further this work. We do thank her for giving up her time so freely.

The Festival Service in Carrigaline and the dinner at the Trident in Kinsale on the weekend of 9<sup>th</sup>-10<sup>th</sup> October was well attended by the Kilmore Diocese and members of our Diocese.

Our next meeting will be on November 19<sup>th</sup> in the Cathedral hall at 8.30pm when Caroline Jennings will be showing us how to make cards. [Note change of date from programme!] Please bring a small pair of scissors and a glue stick. Everyone is very welcome to come!

## SENIORS' TEA

We met at Ruth Buttimer's house and the tea was enjoyed by all who came but unfortunately there were one or two absences due to illness. We hope everyone will be able to come to the next one which is at the Deanery on **Wednesday 2<sup>nd</sup> December at 3.30pm.** We always welcome everyone who would like an invitation so if you would like to come please ring Jo Burke on 023 8831935. Transport to and from the tea can always be easily arranged.



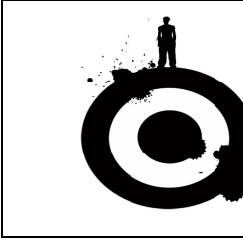
## KILGARIFFE UNION SOCIAL AND DANCE.

*Friday, November 13<sup>th</sup>.*

*Kilgariffe Parish Hall.*

*Music by Michael Whelton.*

This takes the place of the Dinner Dance this year and we hope that there will be good support for this event from our union of parishes.



## ***A MESSAGE FROM BEN***

Hey all you amazing folk of the family better known as Ross union of Parishes. Here's another one of those messages you look at and scratch your head for a moment and then realize an American wrote it and what's the point in reading it!! Well, if you've made it this far, I commend you for your bravery. This is my opportunity to let you know about the dynamic youth ministry of our parish and everything that's happened in the past month. And what an awesome month we just had in October! Not only was the weather absolutely fantastic, but youth activities were in full swing and alive and kickin! We've begun a new series in **The Dive** group that meets in my cottage called "**Dinner with James**". The combination of eating together and studying the Bible has proven to be quite a good success and the youth attending are enthusiastic about the material discussed.

On the other side of things **The Fringe** are meeting on the opposite Saturdays doing a creative step through a series called "**Prepared for Battle**" looking at the armour of God. Nothing but fun times in that group big time! October also brought us one of the greatest events of the year in Anois 09! What an amazing all Ireland youth weekend this year held in Kilkenny college. Nothing like an opportunity to connect with God as well as friends from all over the country. While October was absolutely fantastic, I'm sure Nov is going to rock our socks off!

### ***The November Programme.***

**Sat. Nov 7th** INSPIRE "Frustrated" 8pm Ross Cathedral

**Sat. Nov 14th** The Fringe Clon Parochial Hall 8-10pm

"Got your character on?"

**Sat. Nov 21st** CDYC 5-a-Side Soccer tournament. booking form and info @ [www.cdyc.ie](http://www.cdyc.ie)

**Sat. Nov 28th** The Fringe Overnighter! Sat 8pm- Sun 1pm Cost €5.

**Sun. Nov 29<sup>th</sup>.** YOUTH SERVICE 11.30 am. Ross Cathedral. *A service led by the Youth Group for the whole Church!*

## TEARCRAFT SALE.

Thursday, Nov. 12<sup>th</sup>. 8.00 pm. Cathedral Hall.

In these recessionary times Tearcraft offers good value, fairly traded products that make excellent Christmas presents.

## MEETING WITH REV. RUSS PARKER.

Russ Parker is an Anglican priest who has been working for the Acorn Trust for 12 years, in the last 8 years as the Director of the Trust in England. He is author of a number of books and a well-known speaker, especially in the area of healing.

Wednesday, Nov. 4<sup>th</sup>. 8.00 pm. St. Peter's Bandon.

### Service of Wholeness and Healing

This meeting, at which he will speak on issues concerning family life, is organised by the Diocesan Healing and Pastoral Care Committee with the Mothers' Union. All are welcome and encouraged to attend.

## READING ROTA. NOVEMBER.

	Castleventry.	Ross
1 <sup>st</sup> .	Buttimer (Bohona House)	Mary Jennings
8 <sup>th</sup> .		Richard/ Jo Burke
15 <sup>th</sup> .	Buttimer (Bohona)	Vivienne Roycroft
22 <sup>nd</sup> .		Ben Johnson
29 <sup>th</sup> .		Youth Group

## WELCOME ROTA. NOVEMBER

DATE	WELCOME	COFFEE
November 1st	Richard Burke	
November 8th	Valerie French	
November 15th	Noel Jennings	
November 22nd	Rosemary Singleton	
November 29th	Joan Crowley	am. Youth Group
		pm. Jo Burke

Rector: The Very Revd. Christopher Peters.  
(Day off: Saturday.)

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